

Second International Youth Mental Health Conference 2013, Brighton Dome, Brighton, UK

30th September – 2nd October 2013

MONDAY 30 SEPTEMBER 2013					
8.00am - 10.00am	Registration and Arrival Tea and Coffee in the Foyer and Café Bar of the Brighton Dome				
Pre Conference Workshops					
9.00am - 4.30pm	Workshop # 1 in the Old Courtroom	Workshop # 2 in the Founders Room	Workshop # 3 in the Studio Theatre	Workshop # 4 in the Jubilee Library Conference Room	Workshop # 5 in the William IV Room at the Royal Pavilion
	Youth Engagement and Participation – Young People at the Forefront of System Change	Twitter aint just for Twits: using technology to improve the mental health and wellbeing of young people	Developing mental health services for young people – what is required?	Vocational Recovery in Youth Mental Health	Young people and personality disorder
4.30pm - 5.00pm	Young Persons briefing in the Concert Hall				
5.00pm - 7.00pm	Welcome Reception in the Corn Exchange Delegates Only				
TUESDAY 1 OCTOBER 2013					
7.30am - 8.30am	Registration (Registration and Information Desk)				
8.30am - 10.45am	Conference Opening and Plenary 1 in the Concert Hall				
8.30am	Welcome Entertainment				
8.50am	Conference Welcome Prof Pat McGorry and Darren Scully				
	Plenary 1 – Chairs: Prof Max Birchwood and Darren Scully				

9.30am-9.50am	Changing the Landscape, we need to change how we approach mental health Mr Justin Scaini President of Student Engagement, the Jack Project, Toronto, Canada
9.50am-10.10am	Emerging Adulthood: A new feature of the 21st Century Society Prof Jeffrey Arnett Department of Psychology, Clark University, USA
10.10am-10.30am	Youth Mental Health: A best bet for health care reform Prof Patrick McGorry Executive Director, Orygen Youth Health, Melbourne, Australia
10.30am-10.45am	Questions
10.45am-11.15am	Morning Tea in the Corn Exchange and in the Café Bar

11.15am-1.15pm	Concurrent 1 Stream A Concert Hall New systems/innovations of care Chairs - Joseph Duffy and Alanna Donnelly	Concurrent 2 Stream B Studio Theatre At risk/prediction Chair - Andrew Thomson	Concurrent 3 Stream C Old Courtroom New service models and systems of care Chairs-Wendy McCarthy AO and Lydia Dales	Concurrent 4 Stream D Founders Room E Health and new technologies Chairs -Jane Burns and Annabelle Davis	Concurrent 5 Stream E Jubilee Library Conference Room Mental Health Literacy & Stigma Chairs - John Moran and Lauren Caven	Concurrent 6 Stream G William IV Room at the Royal Pavilion Interventions and treatment in Youth Mental Health Chair - Maryann Davis and Muna Mohamed
11.15am-11.35am	Sarah---Jane Fenton: Does the centre hold? Mental Health policy reform in the era of devolution and localised commissioning	James Kirkbride: A population---level prediction tool for the incidence of first episode psychosis	Kerryn Pennell: Addressing Workforce Challenges for Youth Mental Health Reform in the Australian Context	Jo Robinson: RE---FRAME---IT:A randomised controlled trial investigating the impact of an Internet---based intervention on school students experiencing suicidal ideation	Elis Hennessey: Stigma and youth mental health problems: Why social context is important	Sarah Hetrick: State of the evidence for interventions for youth depression: 'Where to from here'
11.35am-11.55am	Swapna Verma: A new paradigm in mental health care for young people in Singapore	Alison Yung : The ultra high risk for psychosis concept – current status and future direction	Chris Tanti : Finally – a system of care that bridges the gaps and puts the client first!	Jonny Benjamin and Kimberley Giles – Failed by the NHS Growing up with Mental health issues - reflections		Alexandra Parker: Skill---building psychological and physical activity interventions for young people with depression and anxiety: Results from a randomised controlled trial
11.55am-12.15pm	Max Birchwood: The Birmingham Youthspace model of early detection and prevention for youth mental health	Jean Addington: Youth at Risk of Psychosis: Who are they and how can we help them	John Fitzmaurice: Service Delivery Models from an Irish Context	Kathryn McCabe: Working outside the comfort zone: academic---social--- technological partnerships to deliver technology---based interventions to improve mental health and wellbeing in young people	Nicola Allen: Recruitment and training of Headcate members to enable the delivery of a school---based educational intervention	Janet Walker: Maintaining fidelity to principles of positive development and empowerment in interventions designed to improve outcomes for emerging adults
12.15pm-12.35pm	Jon Wilson: Evolution of Youth Mental Health Services in Norfolk: From an intensive outreach approach for 'high---risk' 14---18 year olds within an Early Intervention Service to development of a full Youth Mental Health Service	Ashleigh Lin: Outcomes of non---transitioned cases in a sample at ultra--- high risk for psychosis: a medium to long--- term follow---up study	Bob Illback: An evaluation of the Jigsaw Program in transforming services for young people.	Sarah Amani: 'My Journey' Youth Mental Health App: Engaging Young People with a First Episode of Psychosis in Developing a Mobile Health App	Maria Michail: Social anxiety in early psychosis: the role of shame and stigma of mental illness	Steve Halperin: Engaging the young person with complex difficulties – early intervention for personality disorders and other challenging presentations: Intensive Mobile Youth Outreach Service (IMYOS)
12.35pm-12.55pm	Swaran Singh: The UK TRACK projects CAMHS---adult transitions: New approaches to integrated care pathways	Kareen Heinze: The Transitions Study: sample description and preliminary findings of a cohort study to test a clinical staging model of youth mental illness	Sarah Brennan: Comprehensive CAMHS? the Future of Children and Young People's Mental Health Services in England	Mario Alvarez--- Jimenez: The HORIZONS project: 21st Technologies to meet 21st Century Challenges in Early Intervention for Psychosis	Claire Henderson: The evaluation of England's Time to Change programme to reduce mental health related stigma and discrimination, 2008---11	Charlotte Connor: 'Schoolspace': The development of indicated interventions based on school screening for emergent eating disorders
12.55pm-1.15pm	Deb Howe: ycentral – Development of an Integrated Youth Mental Health Service	Mary Cannon: Adolescent brain development and risk for psychosis	Gary Blau: Systems of care: Helping Children and Youth with Serious Mental Health	Sally Bradford: Online Psychosocial Assessments in Mental Health Care: The Preferences of Young	Shalini Lal: Meanings of well---being from the perspectives of youth recently diagnosed with	Phillipe Conus: Early intervention in bipolar disorders: recent data on

	Platform, NSW, Australia		Conditions	People and Mental Health Clinicians	psychosis	why and how to face a new challenge
1.15 pm - 2.15 pm	LUNCH in the Corn Exchange Poster Session and Exhibition					
	Plenary 2 - Chairs: Lisa Rodrigues CBE and Justin Scaini (Concert Hall)					
2.15 pm - 2.35 pm	Headspace an innovative approach Chris Tanti, CEO Headspace, Melbourne, Australia					
2.35 pm - 2.55 pm	The Cost and Cost-Effectiveness in Youth onset Mental Health and Substance Use Prof Martin Knapp London School of Economics and Kings College London, United Kingdom					
2.55 pm - 3.10 pm	Questions					
3.10 pm - 3.40 pm	Afternoon Tea in the Corn Exchange and in the Café Bar					
3.40 pm - 5.20 pm	Concurrent 7 Stream A Studio Theatre eHealth/New technologies Chairs – Sarah Amani and Rachel Kenny	Concurrent 8 Stream B Old Courtroom Families/carers and YMH Chairs – Ian Manion and Amy Robinson	Concurrent 9 Stream C Founders Room Primary Care and YMH Chairs – David Shiers and Patrick Matthews	Concurrent 10 Stream D Jubilee Library Conference Room Social media – What to make of it all Chairs - Craig Hodges and Julia Gandy	Concurrent 11 Stream E William IV Room at the Royal Pavilion New systems and innovations Chair- Alex. Parker	
3.40 pm - 4.00 pm	Kerrie Buhagiar: All that glitters is not gold – coupling cutting edge technology with whole---service innovation to deliver a state---of---the---art online mental health service to young people	Victoria Ryall: A new way to support families and friends in youth mental health	Kevin Skinner: Wake up and smell the coffee: Your Heads---Up to a new blend of primary care youth mental health service for UK 12---25 year olds	Jo Robinson: Suicide and Social Media: A scoping study examining current activity and stakeholder opinion with regard to suicide and social media	David Fowler: Promoting social recovery in youth mental health: detection, intervention and the PRODIGY trial	
4.00 pm - 4.20 pm	Derek Chambers: Bridging the Digital Disconnect – Using Technology to Support Young People’s Mental Health Needs	Anna Lavis: Layers of Listening: Exploring the Lived Experiences of Carers of Young People with First Episode Psychosis in English Early Intervention Services	Ashok Malla: Beyond reducing DUP: Unintended but positive effects of targeted early case detections of psychotic disorders in primary care	Teresa Swirski: Engaging Young People as Co---Designers in Online Mental Health Communications: A Participatory Design and Knowledge Translation Approach	Clare Lamb: Alternatives to hospital admission for Young People in North Wales	
4.20 pm - 4.40 pm	Mitchell Dowling: Young people accessing online counselling: Who are they and what do they want?	Stuart Clark: Family groups in Sussex Early Intervention in Psychosis Services: evidence of their effectiveness and reflections from staff on the experience of running them	Jane Roberts: A new clinical priority: a new clinical paradigm---youth mental health in primary care	Paul Best: The Social Media Divide: Online social networking habits of young males and the possible influences on wellbeing and help seeking behaviour	Lye Yin Poon: Overview of the Community Health Assessment Team (CHAT), Singapore	
4.40 pm - 5.00 pm	Nic Telford: Measuring outcomes from ehealth services; how do they compare for headspace and headspace	Madge O’ Callaghan; Youth Advocacy Service for service users in Child and Adolescent approved centres in Ireland.	Dick Churchill: Overcoming barriers to providing effective youth mental health in primary care	Elise Leclerc: Innovation Labs	Jackie Curtis: Keeping the Body in Mind: improving physical health in young people with psychosis: changing practice to create parity	

5.00pm - 5.20pm	Victoria Ryall: Expanding help--- seeking options for young people by delivering mental health services online and on the phone	Charlotte Connor: Seeking help for first---episode psychosis: a family narrative	Stephanie Lamb: A primary care model of youth mental health--- The Well Centre	Sarah Shiell: Gamifying mental health to reach young people	Zacchaeus Omogbadegun: Overcoming Barriers to Mental Health Patients' Adherence
5.20pm	End of Day 1				
WEDNESDAY 2 OCTOBER 2013					
7.45am - 8.40am	Registration and Arrival Tea and Coffee in the Foyer of the Brighton Dome				
7.45am - 8.30am	IAYMH Annual General Meeting in the Concert Hall IAYMH Members welcome to attend				
8:35am - 8:40am	Conference Opening and Housekeeping – Plenary 3 in the Concert Hall				
8.40am - 9.00am	Launch of the International Declaration on Youth Mental Health				
	Plenary 3 - Chair: James Hughes and Lauren Moss (Concert Hall)				
9.00am - 9.20am	Creating Space for Young People in the UK Professor Max Birchwood in conversation with Ms Carly Townsend Clinical Director Youthsplace Mental Health Service, Birmingham, UK				
9.20am - 9.40am	Families' Experiences of existing systems of care invited family member in conversation With Dr David Shiers former GP and Carer				
9.40am - 10.00am	Young People Technology and their wellbeing A/Prof Jane Burns CEO Young and Well Cooperative Research Centre, Melbourne, Australia				
10.00am - 10.20am	Questions				
10.20am - 10.45am	Morning Tea in the Corn Exchange and in the Café Bar				

10.45 am - 12.25 pm	Concurrent 12 Stream A in the Studio Theatre New models of care Chairs- Kerryn Pennell and Alex Astely	Concurrent 13 Stream B in the Old Courtroom Developmental psychopathology and neuroscience Chairs- Stephen Wood and Joanne Morris	Concurrent 14 Stream C in the Founders Room Suicide and Self Harm Prevention Chairs - Eoin Killackey and Charlotte Gatherer	Concurrent 15 Stream D in the Jubilee Library Conference Room Youth Engagement in service development and research Chairs - Barbara Dooley and Bexi Proctor	Concurrent 16 Stream E in the William IV Room at the Royal Pavilion Unique Approaches in YMH Chairs - James Kirbride Daisy Matthews & Gemma Bromwich
10.45 am - 11.05 am	Debra Rickwood: Transforming practice in youth mental health services through innovative data collection processes	Ian Hickie: Extended phenotypes for hypomania, depression and psychosis are common and frequently co-occur in teenagers and young adults: evidence from the Brisbane Longitudinal Twin Study	Alex Hains: Same but different: Examining the similarities and differences between young people who self-harm and those who are also at risk of suicide	Ian Manion: Walking Our Talk: Engaging Youth in a Systems Approach to Youth Mental Health Care	Aram Hosie: Counting the Cost: The Impact of Young Men's Mental Health on the Australian Economy
11.05 am - 11.25 am	Debra Rickwood: Seeking help online vs in person: Service extension or service modification?	Jan Scott: Levels of distress and impaired social functioning and disability in youth with emerging mood disorders	Georgina Luscombe: Suicidal ideation in Australia's young men: findings from the first Young and Well CRC National Survey	Pauline Jivanjee: Participatory Mental Health Research with Young People: Experiences and Lessons Learned	Elise Woodman: Young People's Experiences of Family Connectedness
11.25 am - 11.45 am	Michelle Blanchard: Navigating the Digital Disconnect: The implications for the youth health workforce of young people's technology use	Anthony Morrison: Cognitive behavior therapy without antipsychotics for young people with psychosis: Is it effective across the continuum of psychotic disorders?	Amanda Fitzgerald: Factors associated with suicide attempt in a sample of young people: The role of professional support in managing distress	Jieying Lin: A Multi-pronged Approach to Youth Engagement: Online and Offline Youth-led Mental Health Promotion and Peer Support	Zacchaeus Omogbadegun: Potential Causes of Mental Disorders among the Youths
11.45 am - 12.05 pm	Rick Fraser: Sussex Pathfinder Youth Mental Health Service – part 1 – Development	Hugo Critchley: Dissociation, interpersonal skills and the expression of neurodevelopmental disorders in adulthood	Elaine McMahon: Adolescents exposed to suicidal behaviour of others: prevalence of self-harm and associated psychological, lifestyle, and life event factors	Susan Blishen: Right Here: Rescripting young people's experiences of health and support services	Katherine Boydell: 'Seeing' differently: Using the arts to create and disseminate youth mental health research
12.05 pm - 12.25 pm	Sarah Davies: New research investigates the impact of peer-to-peer programs on adolescent mental health (304)	Richard Kerslake: Phenomenology, intensity and impact of psychotic symptoms in first-presentation borderline personality disorder versus first-episode psychosis	Andrew Chanen: Personality disorder in young people: no longer controversial?	Kathryn Greenwood: Facilitators and barriers to Early Youth Engagement in first episode psychosis services (the EYE project): Developing the evidence base for a new youth engagement model	Sarah Shiell: The importance of brand in leading young people to services
12.25 pm - 1.30 pm	Lunch in the Corn Exchange Poster Session and Exhibition				
	Plenary 4 - Chair: Prof Ian Hickie (Concert Hall)				
1.30 pm - 1.50 pm	The Spectrum of Mental Ill-health in Young People in the Whole Population Prof Kathleen Merikangas, National Institute of Health, Washington DC, USA				
1.50 pm - 2.10 pm	The Evolving Brain of the Emerging Adult Prof Stephen Wood, University of Birmingham, UK				
2.10 pm - 2.25 pm	Questions				
2.25 pm - 3.00 pm	Afternoon Tea in the Corn Exchange and in the Café Bar				

3.00 pm - 4.00 pm	Concurrent 17 Stream A in the Studio Theatre Transitions to adulthood/ developmental issues Chairs- Andrew Chanen and Clíodhna Quirke	Concurrent 18 Stream B in the Old Courtroom Early psychosis Chairs – Paddy Power and Emma Sweeney	Concurrent 19 Stream C in the Founders Room Forensic issues and YMH Chairs – Rosie Purcell and Jamie Longstaff	Concurrent 20 Stream D in the Jubilee Library Conference Room Mental health and wellbeing of LGBTI YP Chairs -Vikki Ryall and Kimmy Obongonyine	Concurrent 21 Stream E in the William IV Room at the Royal Pavilion School Based Youth Mental Health Initiatives Chairs - Charlotte Connor and Naomi Workman
3.00 pm - 3.20 pm	Louise Hayes: The adolescent self: A functional account of their developing self	Benno Schimmelmann: Early detection and intervention of psychosis in children and adolescents	Maryann Davis: Multisystemic Therapy for Emerging Adults (MST---EA): Treating Emerging Adult Offenders Who Have Mental Health Conditions	Emmet Power: Challenging Times: Is sexual orientation associated with increased risk of psychiatric ill---health? Analysis from an Irish longitudinal study of mental health through youth	Judy Ring: ‘Time to Reflect’: Enhancing the self---efficacy of secondary school wellbeing personnel in recognising and responding to mental health needs of students
3.20 pm - 3.40 pm	Clio Berry: Social inclusion for young people with and without psychosis: The impact of individual and therapeutic factors	Iain Macmillan: 5--- year admission rates and inpatient bed usage in an Early Intervention in Psychosis Service	Ashli Sheidow: Multisystemic Therapy for Emerging Adults (MST---EA): Extending Therapy through Vocational Coaching	Barbara Dooley: Sexual orientation, risk and protective factors: data from the My World Survey	Paul Stallard: Can school based CBT prevention programmes reduced depression in young adolescents? Results from the UK PROMISE trial
3.40 pm - 4.00 pm	Anouk Imhof: Mentalization based interventions in adolescents: reaching out for care to young minds	Kathryn Elkins: CAMIT: Developing an evidence---based training approach for clinicians dealing with young people cannabis and psychosis	Michael McCart: Multisystemic Therapy for Emerging Adults (MST---EA): Utilizing Social Networks in Treatment	Simon Rice: Development of Practice Principles for the Management of Ongoing Suicidal Ideation in Young People Diagnosed with Major Depressive Disorder (MDD)	Stan Kutcher : A School based model of service delivery for mental health care.
4.00 pm - 4.20 pm	Youth Panel – Conference Wrap Up in the Concert Hall Moderator - Craig Hodges				
4.20 pm - 4.50 pm	Lock Note Address in the Concert Hall Ms Sarah Brennan Executive Director, Young Minds, London, UK				
4:50 pm - 5:00 pm	Conference Close				